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PARENT CONSULTATION & COACHING AGREEMENT

Parent coaching sessions are conducted through a secure online platform or, if requested, by phone. They last 50 minutes and cost \$280.00 per session. An initial deposit of \$100.00 is taken when setting up the coaching session.

NATURE OF RELATIONSHIP

Dr. Bernstein's parent coaching services target improving parenting skills, enhancing relationships between parents and children, teens, and adult children, and establishing routines and habits that produce success at home, school, or other settings. Sessions may also include coaching parents to modify behaviors, avoid emotional overreactions, reduce conflicts, set boundaries, increase compliance, improve communication, develop self-esteem, reduce disrespect, increase responsibility, and improve attitudes. At times, the focus can shift to teaching parents ways to manage their reactions and responses to their children. For separated and divorced parents, a variety of co-parenting and blended family issues may be addressed as well. The Client understands that the Coaching relationship is in no way to be construed as Psychotherapy, psychological counseling, or any therapy. This coaching relationship is not a substitute for counseling or psychotherapy. If the Client feels the need for professional counseling or treatment, it is the Client's responsibility to seek a licensed professional. Dr. Bernstein will not be giving a diagnosis for the information generated to apply to any special accommodations the child might need at school.

FINANCIAL ARRANGEMENT AND CALL PROCEDURE

Invoices reflecting paid fees are available upon request. Parent coaching sessions are **50** minutes per session. The cost is **\$280.00** per session if you pay by Venmo. An initial deposit of **\$100.00** is taken when setting up the coaching session (which is applied to the 280.00 fee with a balance of 180.00 due before the beginning of the session).

If you pay via credit card or PayPal, there is a \$10.00 processing fee. In this case, the balance due after the \$100.00 deposit is \$190.00, to be paid before the beginning of each coaching session. Checks may be sent before the session using another payment method. The Client will call Dr. Bernstein at a pre-arranged appointment time at 610-804-5078.

CANCELLATIONS: Cancellations must be written at least 48 hours before the session.

DISPUTE RESOLUTION:

Any disagreement arising from the terms of this agreement will be submitted to arbitration, which will occur via telephone. The Parties agree to be bound by the decision of a mutually agreed-upon arbitrator, whose fees will be split equally between the parties.

Client (Print Name/Signature) _____/_____ Date _____

Note: Invoices reflecting paid fees are available upon request. Please send this completed agreement before the first session via email: drjeff4help@gmail.com, text: 610-804-5078, or fax at 610-363-6131