

Jeffrey Bernstein, Ph.D.
Licensed Psychologist
430 Exton Commons
Exton, PA 19341
Phone (610) 804 – 5078
drjeffonline.com
drjeff4help@gmail.com
fax 610-363-6131

PARENT CONSULTATION & COACHING AGREEMENT

Parent coaching sessions are conducted through a secure online platform or, if requested, by phone. They are 50 minutes per session. The fee is \$280.00 per session. An initial deposit of \$100.00 is taken at the time of setting up the coaching session.

NATURE OF RELATIONSHIP

Dr. Bernstein's parent coaching services target improving parenting skills, enhancing relationships between parents and children, teens, and adult children, and establishing routines and habits that produce success at home and at school or other settings. Sessions may also include coaching parents in ways to modify behaviors, avoid emotional overreactions, reduce conflicts, set boundaries, increase compliance, improve communication, develop self-esteem, reduce disrespect, increase responsibility, and improve attitudes. At times, the focus can shift to teaching parents ways to manage their own reactions and responses to their children. For separated and divorced parents, a variety of co-parenting and blended family issues may be addressed as well. The Client understands that the Coaching relationship is in no way to be construed as Psychotherapy, psychological counseling, or as any type of therapy. This coaching relationship is not a substitute for counseling or psychotherapy. In the event the Client feels the need for professional counseling or therapy, it is the responsibility of the Client to seek a licensed professional. Dr. Bernstein will not be giving a diagnosis for the information generated to apply to any special accommodations the child might need at school.

FINANCIAL ARRANGEMENT AND CALL PROCEDURE

Invoices reflecting paid fees are available upon request. Parent coaching sessions are **50** minutes per session. The fee is **\$280.00** per session. An initial deposit of **\$100.00** is taken at the time of setting up the coaching session. Dr. Bernstein is paid by Venmo or any major credit (there is a \$10.00 processing fee for credit cards and Paypal) or directly through PayPal Prior to or at the beginning of each coaching session. Checks may be sent in advance of the session as another method of payment. The Client will call Dr. Bernstein at a pre-arranged time of the appointment at 610-804-5078.

CANCELLATIONS: Cancellations must be in writing at least 48 hours prior to the session.

DISPUTE RESOLUTION:

Any disagreement arising from the terms of this agreement will be submitted to arbitration, to occur via telephone. The Parties agree to be bound by the decision of a mutually agreed upon arbitrator whose fees will be split equally between the parties.

Client (Print Name/Signature) _____/_____ Date _____

Note: Invoices reflecting paid fees are available upon request. Please send this completed agreement prior to the first session via email: drjeff4help@gmail.com, text: 610-804-5078, or fax 610-363-6131